

*Bon Accord Spiritualist Church*  
*37 Fraser Place*  
*Aberdeen*

**BON ACCORD BITZ**

Issue No. 12 - September 2009

Hi everyone, just a wee update on what's been ongoing at the church of late. For those of you who may not have been aware we had a very funny and successful "psychic supper/angel drive. Where each of our local mediums sat with a table of people giving mini sittings, followed by a meal and a hysterical take on a beetle drive, where I'm sure all who were in attendance had a good time. Thanks to our caterers, helpers, local mediums and of course those of you who attended for making it a wonderful evening. We also hosted a Charity Evening of Mediumship in aid of CLICC, which runs Breakfast/afterschool clubs and playschemes throughout the city, raising around £1000. Once again thank you to all who helped and attended this event.

Whilst we are on the subject of charity events, we have our Charity shop coming up on the week of the 9<sup>th</sup> November, any donations will be gratefully received (no electricals please, we are not allowed to sell them) and once again we will require volunteers to assist with this, as usual see Lily if you can help

Our congratulations also go to Chris Angel one of our healers on recently receiving his CSNU award in healing. Well done Chris. At the moment some of our latest group of trainee healers are undergoing assessment for upgrading to fully qualified healers so best wishes to them.

On the mediumship side, Chrissie Bruce and I are pleased to say that we are now in the position where some of our trainees are ready and have been taking to the platform and practising private sittings, so keep up the good work guys.

We are as you know a very busy church, with lots of events over and above our scheduled weekly timetable and I know it's only the end of September, but already we have been making plans for the Christmas festivities which will be announced accordingly.

There is a lot of time, work and effort going on behind the scenes for all of these things to come to fruition and I know we do these things voluntarily because we love it, but I would like to personally thank all of the committee and you the members for the work that is done to help people to come together in the spirit of love and joy, not just for the fun events and charity work, but also for assisting in the forward movement of this spiritual understanding which when gained helps each one of us to live our lives in a way where we can share our love, experiences and friendship with one another unconditionally, which is after all what our church is and should be about.

We hope you enjoy the rest of your year, but most of all we hope you can use the church and the understanding that you have of the love and guidance from the spirit world to ensure that you know you are never alone and always have friendship and love in this life and the next.

Love and blessings to you all  
Ann Marie

On our visit to Arbroath Church on Saturday for the Healing upgrades, it was very sad to see a notice on the noticeboard requesting donations of tea, sugar, coffee, toilet rolls, bleach, toilet cleaner, kitchen cleaner, air fresheners, washing up liquid etc. These are essentials for the comfort and hygiene of the church. Arbroath is a small church, run by Margaret and George Falconer, which does not have a big membership or large congregations. We did buy a bag full of the things on Saturday whilst we were there but we think it would be a lovely gesture if we could fill some boxes with these things and give them to a sister Spiritualist Church, who are not as fortunate as we are. We would request your help in this and thank you in anticipation of your help.

Lily Brodie

### Visiting Mediums

#### *October*

4<sup>th</sup> Lynda Buchan, Stirling  
11<sup>th</sup> Helen & Jim Cuthill, Carnoustie  
18<sup>th</sup> Terri Cowan, Glasgow  
25<sup>th</sup> James Camerson, Arbroath

#### *November*

1<sup>st</sup> Pat Campbell, Sheffield  
8<sup>th</sup> TBA  
15<sup>th</sup> Margaret Kerr, Kirkcaldy  
22<sup>nd</sup> Irene McGillvray, Glasgow  
29<sup>th</sup> Angela McInnes, Blackpool

Divine Services are held every Sunday at 11.15am and 6.15pm.

### Dates For Your Diary

3<sup>rd</sup> October Evening of Mediumship - Lynda Buchan - Cost £4  
10<sup>th</sup> October Evening of Mediumship - Helen Cuthill - Cost £4  
30<sup>th</sup>/31<sup>st</sup> October Workshop - Pat Campbell - Cost £10

14<sup>th</sup> November Workshop - Margaret Kerr - Cost £10  
27<sup>th</sup> November Quiz Night - Cost £10  
28<sup>th</sup> November Workshop - Angela McInnes - Cost £10

9<sup>th</sup> - 13<sup>th</sup> November - Charity Shop - goods wanted, not electrical or copies of CDs or DVDs.

### Healing

Monday 7.30pm  
Tuesday 11am - 12 noon  
Wednesday 1-2.30pm  
Thursday 7.30pm  
Sunday 7.45pm after service

### Classes

Meditation and relaxation - Monday 7pm and Tuesday 10am

A fee of £2 applies to all classes.

**Sachi**

Soon after her brother was born, little Sachi began to ask her parents to leave her alone with the new baby. They worried that like most 4-year-olds, she might feel jealous and want to hit or shake him, so they said no. But she showed no signs of jealousy. She treated the baby with kindness and her pleas to be left alone with him became more urgent. They decided to allow it.

Elated, she went into the baby's room and shut the door, but it opened a crack - enough for her curious parents to peek in and listen. They saw little Sachi walk quietly up to her baby brother, put her face close to his and say quietly, "Baby, tell me what God feels like. I'm starting to forget".

Written by Dan Millman

### **Religion (Spiritual)**

R - Reason

E - Evidence

L - Love

I - Intuition

G - God Force

I - Individual but united as one

O - Circle of life

N - Nurture

Written by Rona Wills

The next newsletter will be issued mid November 2009. Cut off date for submissions for it is 10<sup>th</sup> November. Anything to be added to the newsletter can either be handed to Lily or emailed to Mandy at [innes91@btinternet.com](mailto:innes91@btinternet.com) (please put for church newsletter in the subject heading of any emails)

Please note Mandy reserves the right to edit anything handed in and anything controversial will not be added.

If you would like to receive a copy of the newsletter via email please request this from Mandy by sending an email to the above address and future copies of the newsletter will be sent to you electronically.